# ELK GROVE **COMMUNITY SERVICES DISTRICT**

Fire • Emergency Medical Services • Parks & Recreation

# PARKS AND RECREATION DEPARTMENT

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For Immediate Release Date: August 6, 2003

To: News/Leisure/Lifestyle Editors

From: Elk Grove Community Services District (CSD) Parks & Recreation

SUBJECT: ROCKETS, RACKETS, & SOCCER CLASSES OFFER FUN OVER THE FINAL DAYS OF SUMMER

**Elk Grove, CA** – The Elk Grove Community Services District (CSD) Department of Parks and Recreation is currently accepting registration for a wide variety of children's activities scheduled later this month. Enroll your child in a leisure class before summer runs out.

#### MAD SCIENCE ROCKIN' ROBOTS CAMP

Ages 8-12 Cost: \$135

Each camper builds and takes home a robot. Build a hand robot and learn the principles of how robots work. Play robot games and navigate obstacle courses. Robot selection changes each year. A \$30 material fee is payable at the first class.

Held at: Laguna Town Hall, Rm. 1

Monday – Friday, 8/18 - 22, 9:00 a.m. – 12:00 p.m.

#### MAD SCIENCE M.A.S.A. SPACE & ROCKET CAMP

Ages 6-11 Cost: \$215

(Mad Aeronautics & Space Administration) What's it really like to fly into space? In this hands-on adventure, campers will experience (as realistic as possible) all aspects of space travel – from astronaut training to searching for aliens. Explore our solar system while experiencing what it's like to actually work, live, and have FUN in space. You will build many flying devices (including your own rocket), and see how Newton's Laws of motion help explain how rockets fly.

Held at: Laguna Town Hall, Rm. 2

Monday – Friday, 8/11 - 15, 9:00 a.m. – 3:30 p.m.

## GIRLS SOCCER CAMP

Ages 5-16 Cost: \$90

English Professional Soccer Academy is coming to Elk Grove to conduct a first class camp for players of all levels. Your child will be taught techniques and skills in the first part of the camp and will have the chance to demonstrate the skills learned in game situations. Your child will receive expert coaching, get the chance to play in the World Cup tournament and take part in the penalty King Shooter Final. There will be an award for everyone at the end of the week and the chance to win prizes medals, cups and other ESPA goodies. EPSA employs professional certified coaches with USSF or UEFA Coaching awards. All coaches have played professional and semi-professional soccer in the US, UK and Europe. Fee includes a camp T-Shirt.

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Held at: Laguna Community Park, MP Field Monday – Friday, 8/18 - 22, 9:00 a.m. – 12:00 p.m.

#### **TENNIS "FUN" DAMENTALS**

Ages 7-17 Cost: \$59

Learn the fundamentals of tennis at the beginner and intermediate levels. Skills will include work on grips, stance, footwork, back swing, point of contact, follow through and toss. Each week participants will work on stroke mechanics and analysis of one of the following: forehand, backhand, serve, volley, lob, drop shot and overhead. Incorporated into classes will be strategies, physical conditioning and lots of fun. Classes are taught by a USPTA Professional.

Held at: Batey Park Tennis Courts

Ages 7-12, Tuesdays, 8/12 – 9/2, 9:00 – 10:00 a.m.

Ages 13-17, Tuesdays, 8/12 - 9/2, 10:00 - 11:00 a.m.

Pre-registration for these classes is required. Contact Elk Grove CSD Department of Parks and Recreation at (916) 685-3917 for more information.

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